



## Eat Well, Stay Independent

### FROZEN MEAL HOME DELIVERY SERVICE – ORDER FORM

If you would like your meals delivered frozen for heating at your own convenience please use this form

- The meals are the same high quality as used in our hot delivery service and supplied in a 3 compartment tray.
- A choice of delivery days are available.
- The meals can be heated in a microwave or a conventional oven.
- Straight forward pricing – For just **£4.00** - enjoy a main meal AND a pudding or a starter

#### To order follow these simple steps

1. Look through the colour brochure to find your favourite meals and check any dietary requirements.
2. Fill in your details below and indicate which meals and puddings you require overleaf.
3. Place your order. There are two options available:
  - a) Complete the order form/menu and hand it in to your delivery team member**OR**
  - b) Phone your local branch (telephone numbers below) and place your order
4. Sit back and wait for your delicious meals to be delivered.

<b>Name</b>	
<b>Address</b>	
<b>Telephone Number</b>	
<b>Preferred day of the week for delivery</b>	

Please remember **delivery is free** but a minimum order of **5 meals** is required

#### Park Care Meals Branch Telephone numbers:

<b>Barnsley</b> - 01709 378 100	<b>Bradford</b> - 01274 49 88 77	<b>Doncaster</b> - 01709 365 077
<b>Chesterfield</b> - 01709 365 077	<b>Rotherham</b> - 01709 365 077	<b>Sheffield</b> - 01709 378 100

Beef Meals	Qty
Beef & Onion Pie	
Beef Grill	
Beef Lasagne	
Beef Stew	
Chilli Con Carne	
Corned Beef Pie	
Cottage Pie	
Mince Beef & Yorkshire Pudding	
Sliced Beef	
Steak & kidney Pie	

Fish Meals	Qty
Fish cakes	
Fish in Parsley Sauce	
Fisherman's Pie	
Fish with Crumb topping	

Lamb Meals	Qty
Lamb Hotpot	
Minced Lamb & Dumpling	
Shepherds Pie	

Pork/Ham Meals	Qty
Bacon Brunch	
Meatballs	
Pork Sausage	
Sausage, Mash & Beans	
Sliced Gammon	
Sliced Pork	
Somerset Pork Casserole	
Sweet & Sour Pork	

Chicken/Turkey Meals	Qty
Chicken & Ham Pie	
Chicken Casserole	
Chicken Curry	
Chicken in a Honey & Mustard	
Chicken Supreme	
Sliced Chicken	
Sliced Turkey	

Offal Meals	Qty
Liver & Bacon	
Liver & Onions	
Liver & Sausage	

Vegetarian Meals	Qty
Cauliflower and Broccoli Bake	
Cheese & Potato Pie	
Cheesy Vegetable Bake	
Five Bean Bake	
Leek & Mushroom Pasta Mornay	
Macaroni Cheese	
Vegetable Cottage Pie	
Vegetable Curry	
Vegetarian Sausage	

Soup	Qty
Chicken	
Minestrone	
Mushroom	
Vegetable	

Desserts	Qty
Almond & Cherry Sponge	
Almond Sponge	
Apple & Blackberry pie	
Apple & Strawberry Crumble	
Apple Pie	
Apple Sponge	
Apricot Crumble	
Apricot Sponge	
Bakewell Tart	
Chocolate Sponge	
Coconut Sponge	
Coconut Tart	
Date Slice	
Fruit & Custard	
Ginger Sponge	
Jam Sponge	
Lemon Bakewell Tart	
Lemon Sponge	
Orange Sponge	
Pineapple Pie	
Raspberry Pie	
Rhubarb Crumble	
Rhubarb Pie	
Rice Pudding	
Sticky Toffee Pudding	
Sultana Sponge	
Sweet Mincemeat Pie	
Vanilla sponge	

Cold Sweet	Qty
Apple Pie & Cream	
Date Crumble Slice	
Fruit Jelly	
Fruit Pieces	
Fruit Yoghurt	
Iced Bakewell Slice	
Manchester Tart	
Scone & Jam	
Strawberry Mousse	
Sultana Cheesecake	